



**bridge**  
community church

In light of the growing number of coronavirus cases in New York City, we would like to remind our church family of our ongoing safety precautions.

While sickness and the unknown can cause fear, we remember that God is in control. Our faith is in God and He is sovereign. God is healer and sustainer of life. God is more powerful than a virus and we must not let fear or anxiety be instilled in our hearts.

However, there are precautions that ought to be taken in seasons of sickness such as this. Please remember to wash your hands and cover your mouth when coughing or sneezing. If you are sick, stay home to be able to get the rest you need to recover.

In addition to physical health precautions, it is important to always take care of yourself spiritually and emotionally as well. If you're feeling overwhelmed or anxious about the news, take time to unplug and spend time with God. Remember that although your schedule may have been adjusted, God has not and will not change. Though you may feel afraid or alone, God sees you and deeply care for you. Please never hesitate to reach out to someone on our leadership team if you need to talk more.

**Our church activities are still scheduled as usual.** Please know that every week we take time to clean and disinfect our church space as well as the many toys in our children's area. We will continue to do this with care as we strive to do our part to keep our church family and visitors healthy.

What can you do?

1. As per our Bridge Kids Safety and Health Policy, we ask that **anyone** with a fever (*99.6° F or higher*) or other flu-like symptoms please stay home and get rest. Let us know if you are sick so that we can be praying for you!
2. Pray. The Bible tells us to not be anxious about anything but instead we are to pray (*Philippians 4:6-7*). Our prayers specifically go out to those who are already affected, the elderly, those with autoimmune diseases, or no healthcare, for the under-resourced, doctors and other healthcare workers. We are also praying for our friends, and many others, who own small businesses and restaurants who are quickly losing business.

“For God gave us a spirit not of fear, but of power and love and self-control.” 2 Timothy 1:7

-Bridge Community Church Staff